



WE BELIEVE

EXPLORING THE NICENE CREED



STUDY GUIDE SEVEN – FROM SERMON ON MAR 15/26

Christians confess something remarkable about Jesus in the Nicene Creed: “For us and for our salvation he came down from heaven... and was made man.” The eternal Son of God did not merely appear human or temporarily visit our world. He truly entered it. Jesus was fully God, yet He also became fully human. The Bible shows us that He was born, grew, experienced weakness, faced temptation, and even suffered death. This truth is not just an interesting theological idea, it is central to our salvation and deeply comforting for our everyday lives.

LET’S GET STARTED!

What’s one thing you imagine Jesus did as a child that would be just like other kids?

How do you usually picture Jesus—doing everyday human things, or more like someone far above us?

JESUS WAS BORN AND GREW LIKE US

Read **Luke 2:7** and **Luke 2:52**. What do these verses show us about the way Jesus entered the world and grew up?

Why do you think it is important that Jesus experienced the normal stages of human life—from infancy to adulthood? What might we lose if He had simply appeared as an adult?

What does it tell us about God’s character that the Son of God was willing to enter the world in such an ordinary and humble way?

JESUS EXPERIENCED HUMAN WEAKNESS

Read **Matthew 26:38**. What does this verse reveal about the emotional struggle Jesus experienced in the Garden of Gethsemane?

Why is it significant that Jesus experienced deep distress and anguish before the cross? What does this show us about His humanity?

How does knowing that Jesus experienced real human weakness and suffering affect the way you think about bringing your own struggles to Him?

JESUS EXPERIENCED TEMPTATION

Read **Hebrews 4:15**. What does this verse teach about the temptations Jesus faced?

How is Jesus’ experience of temptation similar to ours? How is it different?

Why is it important that Jesus remained without sin?

JESUS SUFFERED AND DIED

Read **Philippians 2:5-11**. What does this passage say about the humility and obedience of Jesus?

Why was it necessary for Jesus to experience real human suffering and death in order to save us?

What does the cross reveal about God’s love for humanity?

WHY DOES IT MATTER?

Read **Romans 5:18-19**. How is Jesus described as a representative for humanity, and how is He different from Adam?

Read **Hebrews 4:15-16**. What encouragement do these verses give us about approaching God when we struggle with weakness, temptation, or failure?

Read **1 John 2:1**. What does it mean that Jesus is our “advocate” with the Father, and how does that truth affect the way we think about our sin and our standing before God?

FINAL REFLECTION

How does the truth that Jesus understands our human experience encourage you personally?

CLOSE YOUR TIME TOGETHER BY PRAYING FOR EACH OTHER