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STUDY GUIDE ONE – FROM SERMON ON JAN 18/26

The Trinity is at the very heart of the Christian faith, yet many believers find it confusing or difficult to explain. While the word Trinity does not appear in Scripture, the reality it describes unfolds across the entire biblical story. This study invites us to follow the “footprints of the Trinity” through Scripture and to discover why this mystery is not just something to understand, but a relationship we are invited to share.

LET'S GET STARTED!

When you hear the word Trinity, what emotions or reactions come to mind?

In the sermon, the image of the Trinity as three lenses working together was used to explain clarity. Which “lens” (Father, Son, or Spirit) do you tend to focus on most – and which one might you overlook? Why might that be?

FOOTPRINTS IN THE OLD TESTAMENT

Read Genesis 1:1-2 and 1:26 – What do you notice about the way God is described? How do these verses hint at both unity and plurality in God?

Read Exodus 3:2-6 and Genesis 16:7-13 – What is surprising about the way the “Angel of the LORD” is described and received? Why do you think people respond as if they are encountering God Himself?

Read Isaiah 6:1-8 – Why do you think the angels cry “Holy, holy, holy” three times? What does God’s question, “Who will go for us?” suggest?

Why do you think God chose to reveal Himself gradually rather than all at once? What might this teach us about how God works with His people?

THE TRINITY REVEALED IN JESUS

Read Luke 1:35 and Matthew 3:16-17 – How do these passages clearly reveal Father, Son, and Holy Spirit working together?

Read John 10:30 and John 17:20-24 – How does Jesus describe His relationship with the Father? What does this tell us about who God is before creation?

Read Matthew 28:18-20 – Notice that Jesus commands baptism in the name (singular) of Father, Son, and Holy Spirit (three distinct yet equal persons). How does this image help us understand discipleship as being about more than just belief and behaviour?

What do you find hardest to hold together about the Trinity – oneness, equality, or threeness? Why do you think that particular tension is difficult for you?

LIFE IN THE TRINITY

Read Ephesians 2:18 and 1 Peter 1:2 – What role does each person of the Trinity play in our salvation and ongoing life with God?

Read Galatians 4:4-6 – What does it mean to be invited into God’s family and to cry out, “Abba, Father”? How does this passage connect the Trinity to our identity and worth?

The sermon stated: *“At the centre of the universe is a Relationship.”* How does that idea challenge common ways our culture defines meaning and success?

Where do you notice yourself looking for fulfillment outside of relationship with God? What might God be inviting you to release or reorder this week?

Read 1 John 4:8-10 – How does the truth that “God is love” connect to God being Triune rather than solitary? How should this shape the way we love one another in the church, our homes, and in our city?

CLOSE YOUR TIME TOGETHER BY PRAYING FOR EACH OTHER